

Waubonsee Community College & Northern Illinois University

Kinesiology 2+2 Agreement

Transfer Guide

This Transfer Guide is an exhibit to the Articulation Agreement between the Board of Trustees of Northern Illinois University and Waubonsee Community College with an Articulation Agreement Effective Date of Monday, August 19, 2019. All capitalized terms which are not defined herein shall have the same meanings set forth in the Articulation Agreement.

Kinesiology (AS) to Kinesiology (BS)

Waubonsee Community College and Northern Illinois University

*This is a **sample** course pattern. Students must work with their advisor to develop a curriculum plan that meets their scheduling needs. Summer classes can also reduce the load during the fall and spring semesters.*

First Year at Wabaunsee

<u>First Semester</u>		<u>Second Semester</u>			
<u>Waubonsee</u>		<u>NIU</u>	<u>Waubonsee</u>		<u>NIU</u>
COM 100	3 hrs	(COMS 100)	ENG 102 ¹	3 hrs	(ENGL 203)
ENG 101 ¹	3 hrs	(ENGL 103)	PSY 100	3 hrs	(PSYC 102)
BIO 120	4 hrs	(BIOS 103 & 105)	KPE 211	3 hrs	(KNPE 262)
MTH 101 ¹	3 hrs	(MATH 101)	KPE 238	3 hrs	(KNPE 217)
Social Science	3 hrs	(Select w/ Waub Advisor)	BIO 270	4 hrs	(BIOS 357 w/BIO 272)
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Total	16 hrs		Total	16hrs	

Second Year at Waubonsee

<u>Third Semester</u>		<u>Fourth Semester</u>			
<u>Waubonsee</u>		<u>NIU</u>	<u>Waubonsee</u>		<u>NIU</u>
BIO 272	4 hrs	(BIOS 357 w/BIO 270)	KPE 239	3 hrs	(Nutrition Elective)
KPE 234 (possible KNPE346)	3 hrs	(KNPE 241)	KPE 240	3 hrs	(General Elective)
KPE 237	3 hrs	(KNPE 350)	KPE 250	3 hrs	(KNPE 310)
CHM 100	3 hrs	(CHEM 110)	Humanities/Fine Arts	3 hrs	(Select w/ WaubAdvisor)
Humanities/Fine Arts	3 hrs	(Select w/ Waub Advisor)	MATH	3 hrs	(Select w/Waub Advisor)
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Total	16 hrs		Total	15 hrs	

Third Year At NIU

<u>Fifth Semester</u>		<u>Sixth Semester</u>	
KNPE 300	1 hrs	KNPE 314 ¹	4 hrs
KNPE 301	3 hrs	NUTR 306	3 hrs
KNPE 452 ¹	4 hrs	Elective	3 hrs
KNPE 346 (Pending Articulation)	3 hrs	KNPE 443	3 hrs
Elective	3 hrs	KNPE 350	3 hrs
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Total	17 hrs	Total	16hrs

Fourth Year At NIU

<u>Seventh Semester</u>		<u>Eighth Semester</u>	
KNPE 445 ¹	3 hrs	KNPE 494	6hrs
KNPE 493	2 hrs	LESM 438or442	3 hrs
KNPE 463 ¹	3 hrs	Focus Course 3	3 hrs
Focus Course 1	4 hrs	Elective	3 hrs
Focus Course 2	3 hrs		
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Total	15 hrs	Total	15 hrs

NOTES/COMMENTS

Following this Transfer Guide while completing an Associate in Science (A.S.) degree in Kinesiology at Waubonsee is highly recommended to complete the Bachelor of Science (B.S) degree in Kinesiology at NIU in a 2+2 model. Sixty (60) credit hours are required for the A.S. degree in Kinesiology. Students will complete an additional sixty six (60) credit hours at NIU for the B.S. degree in Kinesiology. Students should always work closely with the academic advising staff at both Waubonsee and NIU.

Northern Illinois University

All students pursuing the B.S. degree with a major in kinesiology are required to have a university GPA of 2.50 or above and to have satisfactorily completed all required coursework prior to the culminating internship, KNPE 494.

¹Minimum grade of C required.

Additional transfer guide notes

The sequence of courses in this Transfer Guide is an example of what a 4-year plan may look like for a typical student based on the stated catalog year. It is recommended that students complete courses in this order due to course pre-requisites (check the appropriate college catalog for more information about course pre-requisites). Developmental course requirements may alter this plan. Students are encouraged to explore summer school course offerings in order to complete their program requirements in a timely fashion or reduce the load during the fall and spring semesters. All students are encouraged to meet with an academic advisor each semester to discuss course scheduling.

Accreditation

Waubonsee College is accredited by The Higher Learning Commission. Waubonsee College is recognized by both federal and state agencies administering financial aid.

Northern Illinois University is accredited by the Higher Learning Commission, which accredits degree-granting post-secondary educational institutions in the North Central region. NIU is included in the Doctoral Universities Higher Research Activity category of the Carnegie Foundation for the Advancement of Teaching and has achieved the Community Engagement Classifications for Outreach and Partnerships and for Curricular Engagement.

The university and its colleges have institutional membership or other affiliations in or with the American Association of State Colleges and Universities (AASCU), American Association of Colleges for Teacher Education, American Council on Education (ACE), Association of Governing Boards of Universities and Colleges (AGBUC), Association of Public and Land-Grant Universities (APLU), Council for Higher Education Accreditation (CHEA), Council of Graduate Schools, and Universities Research Association.

The university is also fully accredited by the Council for Accreditation of Educator Preparation (CAEP) to offer teacher education programs and offers several educator licensure programs that are approved by the Illinois State Board of Education.

Transfer Guide is in effect from Monday, August 19, 2019 until Sunday, August 16, 2020

For More Information

Institutional Contacts:

For NIU undergraduate application materials, contact:

Office of Admissions
Northern Illinois University
DeKalb, IL 60115-2857
admissions@niu.edu

Apply online at: <http://www.admissions.niu.edu/admissions/>

For more information on transfer programs at NIU:

Call (815) 753-0446 or (800) 892-3050 (toll free) and ask to speak with a Transfer Counselor or email at transfercenter@niu.edu.

For Waubonsee application materials for, contact:

Office of Admissions
Waubonsee Community College

Call (630) 466-5756 or apply online at: <https://www.waubonsee.edu/admissions/enroll-waubonsee>

Departmental contacts:

Department of Kinesiology & Physical Education (KNPE)
Anderson Hall 221
Northern Illinois University
DeKalb, IL 60115
(815) 753-1407
<http://cedu.niu.edu/knpe/>

For advising, contact the NIU KNPE Department via telephone (815) 753-1407 or email knpe@niu.edu.

The following are lists of courses (and transfer equivalents) required as part of the Articulation Agreement between Waubonsee Community College's A.S. degree program in Kinesiology and Northern Illinois University's B.S. degree program in Kinesiology.

Courses at Waubonsee Community College

The following 60 credit hours are required for the A.S. degree in Kinesiology.

Courses at Waubonsee Community College		Equivalent courses at NIU
¹ ENG 101	Composition I	ENGL 103
¹ ENG 102	Composition II	ENGL 203
COM 100	Fundamentals of Communication	COMS 100
PSY 100	Introduction to Psychology	PSYC 102
¹ MTH 101	Quantitative Literacy	MATH 101
BIO 120	Introductory to Biology and Society	BIOS 103 + BIOS 105
CHM 100	Chemistry for the Health Sciences	CHEM 110
BIO 270	Anatomy and Physiology 1	BIOS 357 (with BIO 272)
BIO 272	Anatomy and Physiology 2	BIOS 357 (with BIO 272)
KPE 250	Sport Psychology	KNPE 310
KPE 211	First Aid and Emergency Care	KNPE 262
KPE 238	Fitness Assessment & Exercise Programming	KNPE 217
KPE 234	Cardiovascular Fitness	Possible KNPE 346
KNE 239	Exercise and Sports Nutrition	
KPE 237	Principles of Resistance Training	Possible KNPE 350
KNP 240	Business Mgmt for Fitness Profession	
6 hours Humanities and Fine Arts	See Waubonsee Advisor	

3 hours Social Science	See Waubonsee Advisor	
<p>*Students who complete the A.S. degree in Kinesiology at Waubonsee College are required to successfully complete at least 15 semester credits at Waubonsee</p> <p>¹Minimum grade of C required.</p>		

Courses at NIU

The following 60 credit hours are required for the Bachelor of Science Degree in Kinesiology.

KNPE 300 + 301	Field Experience in Kinesiology
¹ KNPE 314	Applied Kinesiology
KNPE 346 (Pending Articulation)	Methods of Group Fitness Instruction
KNPE 350 (Pending Articulation)	Principles & Techniques of Resistance Training
KNPE 443	Exercise Therapy for Acute & Chronic Conditions
¹ KNPE 445	Measurement & Evaluation
¹ KNPE 452	Applied Physiology of Exercise
¹ KNPE 463	Exercise & Physical Activity Across the Lifespan
KNPE 493	Clinical Experience: Exercise Gerontology
KNPE 494	Internship in Kinesiology
LESM 438 or LESM 442	Sport & Fitness Management Strategies or Promotion of Sport Fitness Programs
NUTR 306	Sport Nutrition
10 credits of Focus Courses	Choose from Wellness, Performance, or Sport Management focus
9 credits of electives	See NIU advisor
¹ Minimum grade of C required.	

Disclaimer: Although NIU attempts to accommodate the course requests of all students, some course offerings may be limited by financial, space, and staffing considerations, or may otherwise be unavailable. Nothing in this Agreement may be construed to promise or guarantee registration in any course or course of study (whether required or elective), nor may anything be construed to promise or guarantee the completion of an academic program within a specific length of time. All degree requirements are subject to the provisions and notices in the NIU Undergraduate Catalog. Information in this Agreement is valid through Sunday, August 11, 2019.